Quality of Life in a Changing Nebraska
Taking a snapshot of issues affecting Nebraskans' quality of life

Welcome to the Quality of Life in a Changing Nebraska survey. The purpose of the survey is to take a snapshot of the quality of life here in Nebraska given recent economic and social changes. We appreciate your help.

To get started, click on the "next" button in the lower left of the page.

If you have any trouble with the survey or have questions about the study, please contact Dr. Kristen Olson at 1-800-430-4549 or by email at NELife@soc.unl.edu. This study has been reviewed and approved by the UNL Institutional Review Board for human subject participation (IRB#200907999EX). If you have any questions about your rights as a participant in this or any other research conducted through UNL, please contact them at 402-472-5965.

Contact: Dr. Kristen Olson, 1-800-430-4549. Email: NELife@soc.unl.edu
UNL Bureau of Sociological Research, 110 Bantons Hall, P.O. Box 900502, Lincoln, NE 68509-0502
1. On a scale from 1 to 11, where 1 is very dissatisfied and 11 is very satisfied, how satisfied are you with your work (job, school, or housework)?

2. On a scale from 1 to 11, where 1 is very dissatisfied and 11 is very satisfied, how satisfied are you generally with the way you spend your leisure time?

3. Please think about your relationship to your partner, spouse or date. On a scale from 1 to 11, where 1 is very dissatisfied and 11 is very satisfied, how satisfied are you currently with your relationship?

4. On a scale from 1 to 11, where 1 is very dissatisfied and 11 is very satisfied, how satisfied are you currently with your life-as-a-whole?

5. How many years have you lived in Nebraska?
   Years lived in Nebraska

6. How many years have you lived in your community?
   Years lived in community

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Family

7. How many adults ages 18 and older are living in your household?
   Number of adults living in household

8. What is your marital status?
   - Married → Go to # 10
   - Never married → Go to # 9
   - Widowed → Go to # 9
   - Divorced → Go to # 9
   - Separated → Go to # 9

9. Are you currently living with someone in a marriage-like relationship?
   - No
   - Yes

10. Do you have any children aged 18 or younger at home?
    - No → Go to # 13
    - Yes → Go to # 11

11. If yes, do you think your children will stay in Nebraska when they grow up?
    - No → Go to # 12
    - Yes → Go to # 12

12. Do you want your children to stay in Nebraska when they grow up?
    - No
    - Yes

13. Do you think that children today will be better off or worse off if they stay in Nebraska?
    - Better
    - Same
    - Worse
14. Please indicate how satisfied or dissatisfied you are with the availability of each of the following in your community.

<table>
<thead>
<tr>
<th></th>
<th>Very Satisfied</th>
<th>Dissatisfied</th>
<th>Neither Satisfied nor Dissatisfied</th>
<th>Satisfied</th>
<th>Very Satisfied</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parks</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Bicycle paths</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Outdoor areas to hunt, fish, or hike</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Sporting events</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Restaurants</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Fine arts (museums and theaters)</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Cell phone service</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Internet access</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Libraries</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

15. Please indicate whether or not you have each of the following types of reading material in your home.

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fiction and literature books</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Non-fiction books</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Magazines</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Newspapers</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

16. Please indicate if each of the following statements is true or false.

- There are 25 or more books in your home right now.
  - True
  - False

- There is a variety of magazines and other reading materials in your home.
  - True
  - False
17. Would you say your health in general is excellent, very good, good, fair, or poor?
   - Excellent
   - Very good
   - Good
   - Fair
   - Poor

18. How would you rate your hearing?
   - Excellent
   - Very good
   - Good
   - Fair
   - Poor

19. How many days in the last week, including today, did you feel sad?
   - Days (0 to 7)

20. How many days in the last week, including today, did you feel depressed?
   - Days (0 to 7)

21. The next question is going to ask you about how often you’ve engaged in exercise. We want you to include walking, anything you may do around the house, or work you do on a job if you think they constitute exercise. So using that definition, in the last week, on how many days did you do any exercise?
   - Days of exercise (0 to 7)
22. How would you describe the job opportunities in your area?
   - Plenty of jobs available
   - About the right number of jobs available
   - Too few jobs available

23. Are you now employed full-time, part-time, or not employed?
   - Full-time
   - Part-time
   - Not employed

24. Please indicate whether or not you have had each of the following types of training over the past 12 months.

<table>
<thead>
<tr>
<th>Training Type</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Job skills training</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English skills training</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Computer skills training</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

25. With regard to the English language, how well do you understand it when it is spoken to you?
   - Very well
   - Well
   - Not well
   - Not at all

26. With regard to the English language, how well do you read it?
   - Very well
   - Well
   - Not well
   - Not at all

27. With regard to the English language, how well do you write it?
   - Very well
   - Well
   - Not well
   - Not at all
28. How would you rate your own personal financial situation? Would you say you are in...
   - Excellent shape
   - Very good shape
   - Good shape
   - Fair shape
   - Poor shape

29. Thinking about your personal finances, please indicate whether or not you have done each of the following in the past 12 months.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delayed/cancelled purchasing a home</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Delayed/cancelled plans to buy a car</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Delayed/cancelled plans to make a major household purchase</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cutback on vacation spending</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cutback on eating out</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cutback on home Internet access</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cutback on home landline telephone services</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

30. Do you have each of the following types of telephone service?

<table>
<thead>
<tr>
<th>Service</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home landline telephone service</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cellular telephone service</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Voice Over Internet Protocol (VOIP)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>No telephone service</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

31. Please indicate whether or not you use the internet at each of the following locations.

<table>
<thead>
<tr>
<th>Location</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Work</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Library</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

32. All things considered, during the next year, what do you think will be your biggest challenges?
33. If you received a request to do another survey like this one, would you prefer to participate in...
   - An in-person interview at your home
   - An interview on your home phone
   - An interview on your cell phone
   - A paper survey sent by mail
   - A survey on the internet

34. If you received a request to do another survey like this one, would you find it most convenient to participate in...
   - An in-person interview at your home
   - An interview on your home phone
   - An interview on your cell phone
   - A paper survey sent by mail
   - A survey on the internet

35. If you received a request to do another survey like this one, would you be most comfortable answering questions in...
   - An in-person interview at your home
   - An interview on your home phone
   - An interview on your cell phone
   - A paper survey sent by mail
   - A survey on the internet

36. If you received a request to do another survey like this one, would you find it most enjoyable answering questions in...
   - An in-person interview at your home
   - An interview on your home phone
   - An interview on your cell phone
   - A paper survey sent by mail
   - A survey on the internet

37. In an average year, approximately how many surveys do you think you answer in each of the following ways? If none, enter zero.
   - In-person interviews at your home
   - Interviews on your home phone
   - Interviews on your cell phone
   - Paper surveys sent by mail
   - Surveys on the internet

38. Did you receive help from anyone when completing this questionnaire?
   - No
   - Yes
39. What is your sex?
- Male
- Female

40. In what year were you born?
[Year input field]

41. Which income category describes your total family income in the last 12 months?
- Under $20,000
- $20,000 - $39,999
- $40,000 - $59,999
- $60,000 - $79,999
- $80,000 - $99,999
- $100,000 or more

42. What is the highest degree or level of school you have completed?
- No diploma
- High school diploma / G.E.D.
- Some college, but no degree
- Technical / Associate / Junior college
- Bachelor's degree
- Graduate degree

43. What is your ethnicity?
- Hispanic or Latino
- Not Hispanic or Latino

44. What is your race? Check all that apply.
- White
- Black or African American
- Asian
- American Indian or Alaska Native
- Native Hawaiian or Other Pacific Islander
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48. If you have any additional comments, please enter them here.

Thank You!
Your answers have been submitted. You may now close your browser.

Contact us: Dr. Kristan Olson, 1-800-460-4540, Email: NEQS@unl.edu
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