The Gastrointestinal Tract

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Essay titles

1. Nutritional deficiencies are common in IBD. Describe the main aetiological mechanisms and consequences of protein–energy malnutrition in ulcerative colitis and Crohn’s disease.

2. Discuss the primary (anti-inflammatory) effect of enteral nutrition in Crohn’s disease. What is the clinical evidence for such an effect? What about the possible nutrients responsible for it? What are the main indications for enteral nutrition as primary treatment of these patients?