Nutritional Support in Patients with Cancer

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Essay titles

1. The ESPEN has recently published its Guidelines for Parenteral Nutrition in non-surgical oncologic patients. Can you summarise the recommendation regarding starting with parenteral nutrition, the advised nutritional regimen (water, energy and protein), and the criteria for considering home parenteral nutrition in the incurable cancer patient?

2. When you plan the energy regimen of your nutritional admixture, which should you consider: the resting metabolic expenditure or the total energy expenditure? Do these values usually change in the cancer patient?