Eating Disorders
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Multiple choice questions

1. A young woman has an eating pattern of restriction during the day and binge eating most evenings, followed by self-induced vomiting. Her weight is 45 kg, height 1.64 m. What is the diagnosis of her eating disorder?

(a) Anorexia nervosa.
(b) Bulimia nervosa.
(c) Atypical eating disorder.
(d) Binge-eating disorder.

2. In severe anorexia nervosa, the brain is deprived of glucose. The alternative energy substrates it uses are

(a) Amino acids.
(b) Fatty acids.
(c) Ketone bodies.
(d) Alcohol.
3. In bulimia nervosa, the following blood parameters may be disturbed because of purging behaviour:

(a) Urea.
(b) Sodium.
(c) Potassium.
(d) Phosphate.