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The Kidney

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Multiple choice questions

1. In nondiabetic patients with CKD, in stages 1 and 2, the K/DOQI 2007 guidelines recommend a daily protein intake, g/kg IBW, of

(a) 0.75.
(b) 1.4.
(c) 0.8.
(d) 0.6.

2. In nondiabetic patients with CKD, in stages 3 and 4, the UK Renal Association 2010 guidelines recommend a daily protein intake, g/kg IBW, of

(a) Not less than 0.75.
(b) 1.0.
(c) 0.4.
(d) 0.6.

3. In subjects with CKD aged >60 years, the K/DOQI 2007 guidelines recommend a daily energy intake, kcal/kg IBW, of

(a) <30.
(b) >35.
(c) 30–35.
(d) 35–40.
4. In the long-term management of kidney-transplanted patients with chronic graft rejection, the suggested daily protein intake, g/kg IBW, according to the Dietitians Association of Australia, is:

(a) 1.0–1.2.
(b) 0.8 in females and 1.0 in males.
(c) 0.7.
(d) 0.8.

5. The SGA (Subjective Global Assessment) considers weight loss relative to the previous

(a) 6 days.
(b) 3–6 months.
(c) 6 months.
(d) 8 months.