Eating Disorders

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Short answer questions

1. An eating diary is a useful tool in managing binge eating. Outline the information that should be recorded in a diary used in this way.

2. Iron deficiency is common in anorexia nervosa. Describe the tests that can be used to assess iron status, and how the deficiency can be managed in the short and long term.

3. List the diagnostic features of anorexia nervosa, and discuss which are drivers of abnormal eating behaviour, and which result from it.