Chapter 86: Psychodermatology and Psychocutaneous Disease

Introduction

Psychodermatology multidisciplinary teams

Classification
1 Musalek M, Holve B, Mossbacher U. Diagnostics in psychodermatology. *Derma-

Psychological co-morbidities of chronic skin disease and the ‘golden rules of psychodermatology’
6 Chung MC, Symons C, Gilliam J. Kaminski ER. Stress, psychiatric co-morbidit-


Stigmatization, visible differences and coping strategies
3 Baumeister R, Twenge J, Nuss C. Effect of social exclusion on cognitive pro-

Disability, quality of life and assessment in psychodermatology

Delusional beliefs

Delusional infestation

Olfactory delusions
8 Lochner C, Stein DJ. Olfactory reference syndrome: diagnostic criteria and dif-
Morgellons syndrome

Obsessive and compulsive behaviour

Body dysmorphic disorder

Lichen simplex chronicus and nodular prurigo

Skin picking disorder

Acne exorciée
3 Wong NM. Excoriated acne of young females. *Arch Dermat Syphil* 1954;70:574–82.

Trichotillomania/trichotillious
Psychogenic itch

Psychogenic pruritus


Factitious skin disease

Dermatitis artefacta


Malingering


Pseudoologia fantastica and Münchausen syndrome


Fabricated and induced illness

Medicolegal issues in suspected factitious skin diseases


Deliberate self-harm


Other psychodermatology and psychocutaneous diseases

Cutaneous disease and alcohol misuse


Depression in dermatological patients


Suicide in dermatological patients


Isotretinoin and mood changes


Psychiatric treatments


References


Alternative therapies