CHAPTER 14
Metabolic Effects of Wholegrain Foods in Relation to Composition, Structure and Type of Food

Hannu Mykkänen, Marjukka Kolehmainen, Isabel Bondia Pons, & Kaisa Poutanen
Food and Health Research Centre, Department of Clinical Nutrition, School of Public Health and Clinical Nutrition, University of Kuopio, Kuopio, Finland

Additional References

2 SECTION II Metabolic Syndrome and Diabetes